



LASH EXTENTIONS

DO:

Wash Your Lashes - It is recommended to wash your lashes daily, using oil free lash shampoo and foam pump. Use a soft clean cleansing brush to gently wash your lashes.

Groom Your Lashes Daily - You can brush your lashes with a disposable mascara wand or use the low, cool setting on your blow dryer to fan them back in place. Do not groom or touch your lashes excessively.

Schedule Regular Fills: Typically every 2-3 weeks as necessary.

DON'T:

1. Use Products On/Near Lashes that contain oil. This includes cosmetics, makeup removers, cleansers or moisturizers. Look for products that are water-based, but not waterproof. It is not recommended to use mascara.
2. Curl Your Lashes with manual eyelash curler. This can break your lashes. Your lashes should not need to be curled. Exposure to extreme heat will crimp, single, or loosen the curl of the lashes.
3. Pull on Your New Lashes- This can cause your natural lashes to fall out prematurely, and cause both breakage, and permanent damage to the hair follicle. Please remember, the less you touch your lashes, the longer they will last between fills.

Worry When You Lose an Extension - Each extension will fall out with its natural lash during its normal growth cycle. Anywhere between 2-4 lashes a day is considered normal.



GETTING YOUR LASHES WET:

1. During your application a nano mister or nebulizer was used. You do not need to worry about getting your lashes wet.
2. **DO NOT** get your lashes wet for 24-48 hour after service (water, steam, sweat, tears).

Lotus Health Medspa and Wellness Center
650 Scranton Road Suite J
Brunswick, GA 31520
(912) 289-9273